



The Firebird Screams

"Ask not for whom the Firebird screams, he screams for you!" - Fred the Firebird

SEPTEMBER 1, 2022

VOLUME #10 NUMBER #2



September Dates to Remember:

Sept. 2 - Teacher Workday
Sept. 5 - Holiday, Labor Day
Sept. 6 - Board Meeting, 6:30pm
Sept. 8 - Lockdown Drill
Sept. 8 - Elementary Curriculum Night, 5pm-7pm
Sept. 12 - Celebrate Grandparents Day
Sept. 12 - PTA Board Meeting, 6pm
Sept. 12 - PTA General Meeting, 7pm
Sept. 13 - National Honor Society Induction Ceremony, 7pm
Sept. 14 - Fall Picture Day (Grades K-11)
Sept. 14 - Booster Club Meeting, 7pm, HS Lobby
Sept. 15-16 - 1st Grade Community Field Trips
Sept. 17 - Mental Health First Aid for Parents, 8am-4pm
Sept. 20 - Board Meeting (if called), 6:30pm
Sept. 22 - FLARTS Meeting, 6pm, Room 602
Sept. 24 - Adult Community Yoga Class, 10am, ES/MS Gym
Sept. 26 - Jostens - Cap & Gown and Class Ring Orders, 9:30am-10:15am
Sept. 27 - PAC Meeting, 6pm
Sept. 28 - Falls Band Concert, 6:30pm, HS Gym

Message from Mrs. Hobgood

Dear Firebird Families,
Falls Lake Academy has been my home since 2015. I say "home" because that is what it has felt like to me. I have grown to know and love the firebird families and feel that our bonds are more than just home and school connections. That is why this message is bittersweet. I am writing to you to let you know that I have accepted a position with the North Carolina Department of Public Instruction. As I move into a new season of my career, my last day with my firebird family will be October 27th. I have tried to come up with words that could adequately express my gratitude for all of the support over the years, and there just aren't any. So today, I will simply say Thank You! Thank you for allowing me to be a part of your lives, to share in the celebrations and heartbreaks, the successes and the failures. Thank you for sharing your children with me and allowing me to feel like part of your family. As firebirds, you are lucky to be surrounded by the most supportive and caring school community and the best faculty and staff you could have ever dreamed of having. Our board of directors and our staff will ensure that our school continues to be a wonderful place to learn and grow.

Again, thank you so much. I will always consider myself a firebird!

Much love to you all,
Amy Hobgood



Tuesday, September 6th @ 6:30pm

Tuesday, September 20th (if called) @ 6:30pm

Link to Live Stream:

<https://live.myvrspot.com/player?udi=ZmFsbHNsYWtlYWVhZGVteQ%3D%3D&c=ZmxhMQ%3D%3D>

2022-2023 PAC Members

Grade	Name	Email
Kindergarten 	Kim Malugen	kmalugen7@gmail.com
First Grade	Sharita Seibles	sharitaallen7@gmail.com
Second Grade	Patty Smoak	pattysmoak@fallslakeacademy.com
Third Grade 	Shannon Thomas	shannonthomas511@gmail.com
Fourth Grade 	Jenna Oliveira	oliveirajenna1@gmail.com
Fifth Grade 	Laurie Frederick	lauriecfrederick@gmail.com
Sixth Grade 	Mandy Harris	blakec1606@gmail.com
Seventh Grade 	Alissa Buffalo	ncsunshine97@yahoo.com
Eighth Grade 	Kristin Zimmerman	krissyz0908@gmail.com
Ninth Grade 	Catherine Kendrick	catherinekendrick44@gmail.com
Tenth Grade	Lindsey Shedd	Lshedd418@yahoo.com
Eleventh Grade	Susan Biggs	happysbiggs@yahoo.com
Twelfth Grade 	Ashley James	loveabi44@yahoo.com



Hello Parents/Guardians of Falls Lake Academy: Do you want to learn how to better support our youth? Youth Mental Health First Aid is designed to provide information and tools for adults to recognize and support youth mental health. I am excited to be able to offer this certification training.

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work and or live with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. At the end of the course, participants will be a certified Youth Mental Health First Aider!

Generally there is a fee to participate in the training, however Falls Lake Academy is sponsoring all 20 participants. I, Amanda Moore, certified school counselor and Youth Mental Health First Aid certified instructor, will be the instructor for this course. The training will take place at Falls Lake Academy on September 17th, 2022. You will receive a confirmation email with your registration status and all necessary details regarding the day of training. If you would like to attend, **please complete the registration google form below by September 9th.**

<https://forms.gle/LzbdUkC7L1rvCEyb9>

Intake/Open House Forms

Parents who are getting email reminders from Adobe Sign, please complete your intake/open house forms ASAP. They were due on **Friday, August 19th.**

Parents must complete for the forms for each of their students.

Please make sure to fill out every form regardless if no changes are being made.

FLA Band Cookie Dough Fundraiser

The Falls Lake Academy HS and MS Band Department has kicked off our 6th Annual Frozen Cookie Dough Fundraiser (other items also available if you have dietary restrictions)! With your help, we will be raising \$4000 to help with purchasing a Bassoon, Euphonium, Piccolo, and Solo & Ensemble Music.

We are doing in person sales as usual so you can contact Mr. Jaron Cox or a band student to purchase and Pay in person. However, we are also offering an online store so you can purchase online and support our programs virtually. Please visit www.shopfund.com and click "Shop Now." If you do not know your band student's code (for who you are supporting), then select "No Student Code? Click Here." Select "North Carolina" and for School or Group, type "Falls Lake Academy MS-HS Bands – Creedmoor 27522." Use an email of your choice (for shipping notification purposes) as well as the band student's name you would like to support. If you do not know a band student please either reach out to me or use my name, "Jaron Cox.". For frozen cookie dough, choose to deliver to the school. Any other items other than Frozen Cookie Dough can be shipped straight to your home. Please keep in mind that the last day to place your order in person or online is September 14.

Again the website www.shopfund.com

Thank you again for your continued support of the High School and Middle School Bands at Falls Lake Academy.



FALLS LAKE ACADEMY BAND

COOKIE DOUGH FUNDRAISER

HELP SUPPORT THE FLA BAND

SUPPORT THE BAND

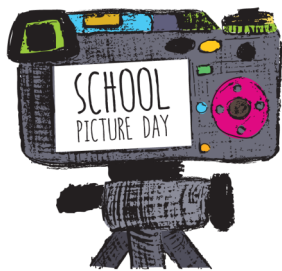
**SALE STARTS
AUG 26TH**



**CONNECT WITH A STUDENT TO
PURCHASE, GO TO WWW.SHOPFUND.COM
OR SCAN THE QR**



**HOSTED BY
FLA BANDS & DIRECTOR JARON COX**



Fall Picture Day (Grades K - 11th)

Wednesday, September 14th,

PTA Announcements



GET YOUR RAFFLE TICKETS TODAY!

The FLA PTA is currently selling raffle tickets for a chance to win a Lenovo IdeaPad Chromebook. Tickets can be purchased online here: <https://fallslakeacademy.memberhub.com/store>. We will also be selling in person at Elementary Curriculum Night on September 8th, and at the Creedmoor Music Festival on September 17th. Drawing will be at the end of the CMF on the 17th. You do NOT have to be present to win!



COME JOIN US!

Not yet a FLA PTA member? Visit <https://fallslakeacademy.memberhub.com/store> to join TODAY. Being a member gives you a voice in your local PTA.

**FALLS LAKE ACADEMY 2022
2ND ANNUAL**

VENDOR FAIR & FOOD TRUCK RODEO

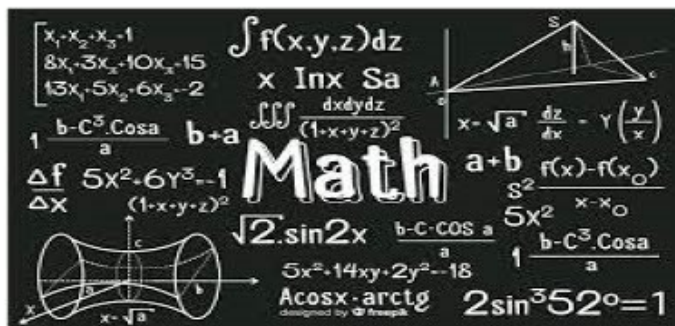


**ADMISSION - 1 NON-PERISHABLE
FOOD ITEM
NOVEMBER 19TH
10AM TO 3PM**

Many different vendors
will be in attendance.
Come out shop and support
local.



Food Trucks, Vendor Fair, Raffle
Can Food Drive



join us for community YOGA



Join us on Saturday, September 24th from 10-11 AM
K-8 Building Gym | Community Donation Class | Adults Only



We invite ALL

Staff, parents, and members of the community are all welcome!

Limited number of mats will be available to borrow--bring your own if you can

I look forward to joining you on your yogic journey!

-HANNAH MCGARRY
ELEMENTARY SCHOOL COUNSELOR
RYT-200 IT

FLA Color Guard

The Falls Lake Academy Color Guard will provide an important service to the school. The Color Guard will oversee daily responsibilities for raising and lowering the American Flag and Presentation and Retrieving of Colors for school related events. The Color Guard is an honorable duty.

What students will learn:

- Leadership skills
- Flag etiquette
- Responsibility
- Teamwork
- Self-esteem
- Discipline

Color Guard Member Requirements:

- Members must show good character to all students, staff, and parents
- Members must show respect for self, others, and country
- Members must be punctual, disciplined and in good academic standing
- Members must take pride in our country and state
- Members must strive to do their best with their studies at school and home

Qualifications:

- Club will have a maximum of 16 members
- Eligible grades are 4th through 12th

If your student is interested in being a part of the Falls Lake Academy Color Guard for the 2022-2023 school year, please complete the following form

https://docs.google.com/forms/d/e/1FAIpQLSdLSbiNsOO4uGBtROWXlYbZ8JF-D5N9sZ6zk9XGaPBvQEpgEA/viewform?usp=sf_link

For questions, please email Russell Hill at grussell1970@gmail.com or Kristin Zimmerman at krissy0908@gmail.com

Bye for now.....until next time.....-Fred the Firebird

